

**DATES**: 5 – 9 August, 2020

**PLACE:** CAR Gymnastics, Cancun Mexico

MISSION: Our goal is to bring coaches from all corners of the world to share their knowledge with our campers and staff. Provide the opportunity for gymnasts of all ages and levels to interact with each other in a safe a positive environment. We promise to deliver an experience of a lifetime and help enhance the learning possibilities for a new generation of gymnasts.



### **PROGRAM:**

#### August 4, 2020

2:00 p.m. to 10:00 p.m. Arrival and Check in

### August 5, 2020

7:00 a.m. to 12:00 p.m. Arrival & Check in

12:00 p.m - Lunch

12:30 p.m. Parents and campers meeting

2:30 p.m Bus leaves to the gym

3:00 p.m. to 6:30 p.m. Afternoon training

6:45 p.m. Bus leaves to hotel

7:00 p.m. Dinner

7:30 p.m. Fun activity at hotel

10:30 p.m. Rest / Lights-out

#### August 6 & 7, 2020

7:30 a.m. Breakfast

8:15 a.m Bus leave to the gym

8:45 a.m. to 11:45 a.m. Morning training

12:00 p.m Bus leave to the gym

12:30 p.m. to 3:30 p.m. Lunch / beach / wave runner / pool

4:00 p.m Bus leave to the gym

4:30 p.m. to 6:30 p.m. Afternoon training

6:45 p.m. Bus leave to the hotel

7:00 p.m. Dinner

7:30 p.m Fun activity at hotel

10:30 p.m. Lights out

## August 8, 2020

6:30 a.m. Breakfast

7:15 a.m Bus leave to XPLOR

6:00 p.m. Bus leve to hotel

9:30 p.m. Rest lights out

### August 9, 2020

7:00 a.m. Breakfast

7:45 a.m Bus leave to gym

8:15 a.m. to 10:45 a.m. Morning training

11:00 p.m Bus leave to the hotel

12:30 p.m - Check out

## **CAMPERS AGE AND LEVELS:**

Our camp is geared towards male and female gymnasts 7 years of age and older that have competed at any compulsory, Xcel or Junior Olympic level.

We also welcome coaches for men's and women's gymnastics that want to learn spotting techniques, skills development and gymnastics planning to participate at our camp.

# **COACHES**

Our camp staff will include Olympic, National team and College coaches, dancers and choreographers from six different countries. Four time Olympic Coach and College coach Nilson Medeiros will be the camp director for the girls and legendary Olympic medalist coach Yen Alvarez will direct the boys' camp. We will also have a support staff that will be hands on to take care of the basic details of the development of skills for our campers. Our camp staff and coaches will go thru very rigors back ground check and training on how to handle any camp emergency situation.

For more information, visit our site: www.classicgymnasticseventsusa.com

# **HOW TO REGISTER;**

- 1- Camper price: \$850.00 USD to be paid direct on our site
- 2- Coaches with 5 10 gymnasts registered (sharing rooms): \$500, 00 USD The package for coaches and parents include airport transfer, al inclusive hotel, and local transportation to and from gym. Xplor adventure is not included but can be purchase direct with us (\$120.00)

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- 3- Coaches with 1 4 gymnasts registered (sharing rooms): \$600, 00 USD The package for coaches and parents include airport transfer, al inclusive hotel, and local transportation to and from gym. Xplor adventure is not included but can be purchase direct with us (\$120.00)
- 4- Family package (anyone attending the event with the camper): \$600,00 As The package for coaches and parents include airport transfer, al inclusive hotel, local transportation to and from gym. Xplor adventure is not included but can be purchase direct with us (\$120.00)

- 5- SAVE YOUR SPOT: Registration can be done direct on our site <a href="http://www.classicgymnasticseventsusa.com">http://www.classicgymnasticseventsusa.com</a> or download the form and send to cancunclassic@yahoo.com
- 6- Afer you register your camper, one of our staff will be in touch with you to provide details of your trip and answer any questions.
- 7- The deadline is June 15 2020.



www.classicgymnasticseventsusa.com